

Weekly Tao Spiritual Discussion Holy Teaching

De-Guang Temple, Irvine CA
Pu-Guang Temple, Plano TX
January 9th 2021

onegreatdao.org







Four Great Books in Confucius Holy Teaching Important for Our Spiritual Cultivation

Confucius Analects

Book of Great Learning

Doctrine of the Mean

Book of Mencius



舜率天下以仁，而民從之；桀、紂率天下以暴，而民從之。其所令反其所好，而民不從。是故君子有諸己而後求諸人，無諸己而後非諸人。所藏乎身不恕，而能喻諸人者，未之有也。故治國在齊其家。

Yao and Shun led the kingdom with benevolence and the people followed them. Chieh and Chau led the kingdom with violence, and people followed them. The orders issued from the leaders were contrary to the practices which people embraced, and people would not follow them. On this account, the ruler must himself possess the good qualities, and then he may require them in the people. He must not have the bad qualities in himself, and then he may require that they shall not be in the people. Never has there been a man, who, not having reference to his own character and wishes in dealing with others, was able effectually to instruct them. Thus, we see how the government of the state depends on the unity and harmony of the family.



Discussion for Today:

舜率天下以仁，而民從之；桀、紂率天下以暴，而民從之。 Yao and Shun led the kingdom with benevolence and the people followed them. Chieh and Chau led the kingdom with violence, and people followed them.

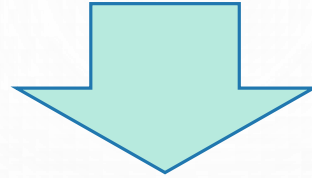
From Our Discussion on 11/07/2021:

一家仁，一國興仁；一家讓，一國興讓；一人貪戾，一國作亂；其機如此。此謂一言僨事，一人定國。 From the example of kindness of one family, the whole state becomes kind; from the example of courtesies of one family, the whole state becomes courteous. From the greed and brutality of one person, the whole state may be led to a rebellious disorder; such is the nature of the influence. This confirms the saying, "Affairs may be ruined by a single sentence; a kingdom may be settled by one man."

People look to their leaders for inspirations and directions.

Be aware that our own actions have a ripple effect, as we all have leadership roles.

Each of us is responsible for our own journey, with blessings from Heavenly Mother and Maitreya Buddha and guidance from own conscience.



With everything that I do, every word that I say, and every thought that I have,
ask ourselves:

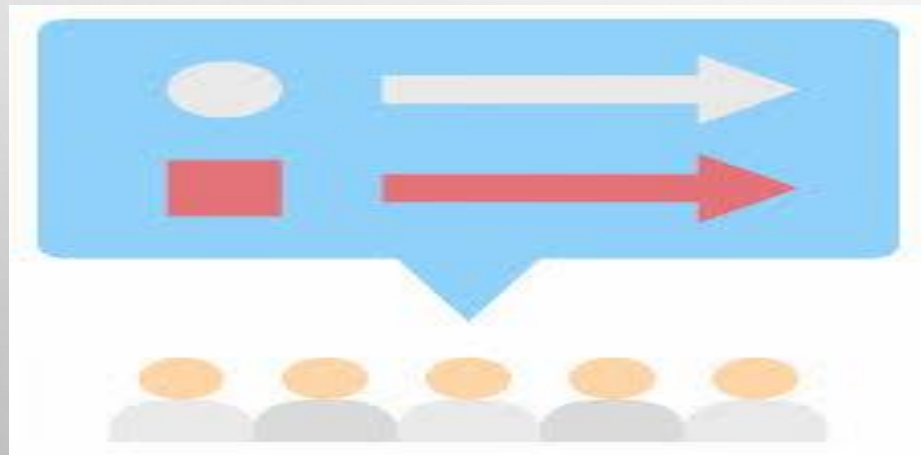
Would it help me in my journey of cultivation to return to heaven?

存好心
Be kind.

说好话
Say kind
words.

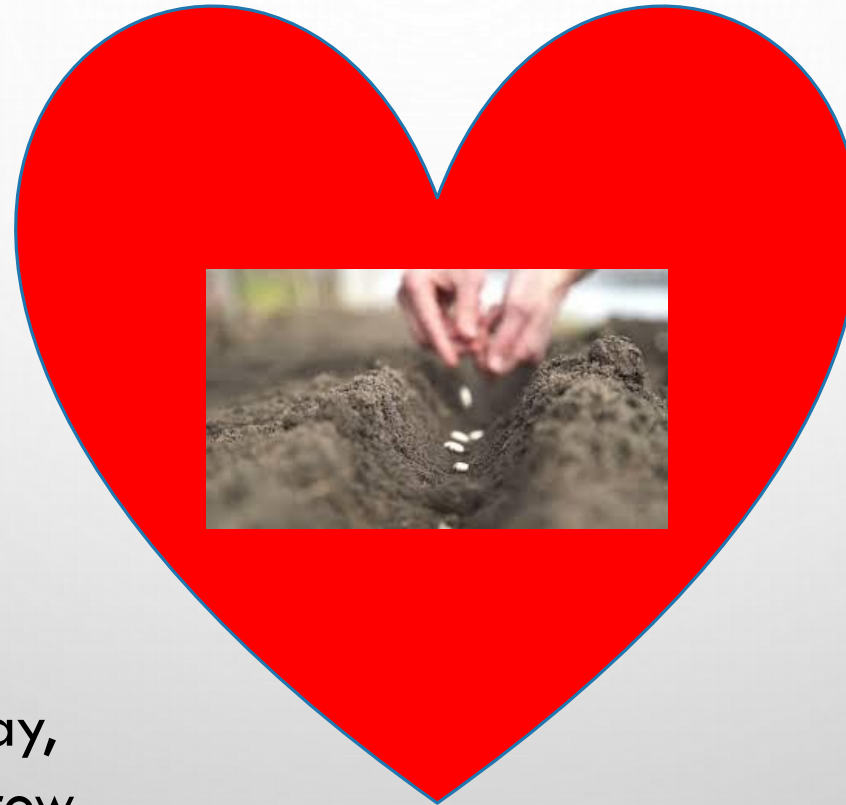
做好事
Do good
deeds.

其所令反其所好，而民不從。 The orders issued from the leaders were contrary to the practices which people embraced, and people would not follow them.

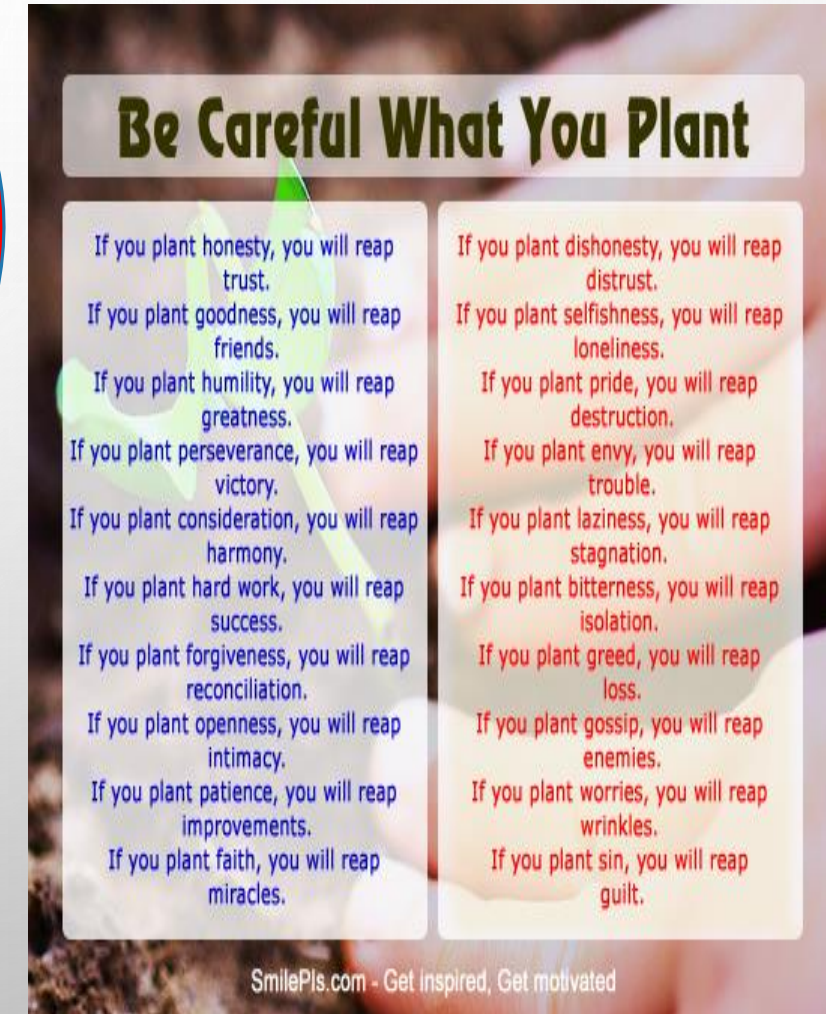


Determining Factor: Our own values, beliefs, and wisdom in our Heart.

其所令反其所好，而民不從。 The orders issued from the leaders were contrary to the practices which people embraced, and people would not follow them.



Be careful what you sow,
For seed will surely grow.
He who sows good seed today,
Shall reap good seed tomorrow.
He who sows wild oats today,
Must reap the crop tomorrow.



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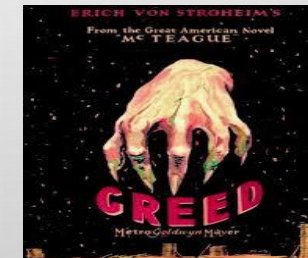


Gratitude
Compassion
Kindness
Forgiveness
Wisdom
Peace

Righteousness
Fairness
Industrious
Ethics
Understanding
Frugality



Three Poisons (Greed, Anger, Attachment) → Losing The Way (Tao)



*Inversely
Proportional*

Source of Affliction

WW84 (December 2020)



WW84 (December 2020)

Barbara



Diana



Both started at similar place and their personal wishes were both granted.

They ended up at completely different outcomes. Why?

Values, beliefs, and wisdom in their Hearts.

During the pursuits in life journey, **easily, slowly, and unknowingly lose The Way.**

Be careful with what you wish for (e.g. inversely proportional).

Suggestion in Our Journey of Cultivation



Do Daily Journaling.



Practice Mindfulness Using 3 Sacred Treasures.



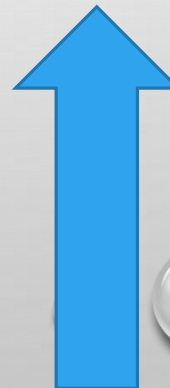
Study and Practice what You Learned.



Gratitude
Happiness
Motivation



Self Awareness
Connection w/
Your True Self
Health



Wisdom
Patience
Acceptance



Why?

**Safeguard
Our Heart**

**Sow, Grow,
and Harvest
Good Crops.**

**Rid of Three
Poisons.**

**This is Tao
Cultivation.**



《淨宗初祖 ~ 慧遠大師》

(334-416) Huiyuan Buddhist Monk/Priest



Moral of the Story

As little as a precept to not cross the Tiger Brook, it is a test of faith and persistence.

Do not hesitate to do kind gestures even if it is small.

Do not do bad deeds even if it is little.

One must uphold and practice on precepts persistently.

Thoughts for Today

《Holy Teacher》

One must not sway by the environment, even when...

Raging fire melted gold, one still carries on with calmness,
Blistering cold killed all living things, one is still amiable and peaceful,
Darkest haze shadowed everything, one is shining bright wisdom,
Turbulent rivers raged to sea, one remains standing still,
This is the authentic way of cultivation.

是故君子有諸己而後求諸人，無諸己而後非諸人。所藏乎身不恕，而能喻諸人者，未之有也。故治國在齊其家。

On this account, the ruler must himself possess the good qualities, and then he may require them in the people. He must not have the bad qualities in himself, and then he may require that they shall not be in the people. Never has there been a man, who, not having reference to his own character and wishes in dealing with others, was able effectually to instruct them. Thus, we see how the government of the state depends on the unity and harmony of the family.



"The most powerful
leadership tool you
have is your own
personal example."

John Wooden

Be tolerant with others
and strict with yourself.

Marcus Aurelius



Summary for Today

Yao and Shun led the kingdom with benevolence and the people followed them. Chieh and Chau led the kingdom with violence, and people followed them. The orders issued from the leaders were contrary to the practices which people embraced, and people would not follow them. On this account, the ruler must himself possess the good qualities, and then he may require them in the people. He must not have the bad qualities in himself, and then he may require that they shall not be in the people. Never has there been a man, who, not having reference to his own character and wishes in dealing with others, was able effectually to instruct them. Thus, we see how the government of the state depends on the unity and harmony of the family.

People look to their leaders for inspirations and directions. Be aware that our own actions have a ripple effect, as we all have leadership roles.

Do not hesitate to do kind gestures even if it is small. Do not do bad deeds even if it is little. One must uphold and practice on precepts to grow persistently.

Think about ways we can continue to practice three recommendations to safeguard our heart, grow the good seeds, and rid of the three poisons consistently.



"I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to what light I have."

— **Abraham Lincoln**



"Character is like a tree and reputation its shadow. The shadow is what we think it is and the tree is the real thing."

— **Abraham Lincoln**



*THE JOURNEY OF TAO CULTIVATION IS OPEN TO ALL.
MAY YOUR JOURNEY BE FILLED WITH PEACE,
WISDOM, COMPASSION, AND HAPPINESS.*