

Weekly Tao Spiritual Discussion Holy Teaching

De-Guang Temple, Irvine CA
Pu-Guang Temple, Plano TX
January 23rd 2021

onegreatdao.org



Praying for Our Citizens to Stay United, Care for Each Other, and Work Together to Turn the Chapter with Less Suffering for All.

ONE COUNTRY AND ONE HUMANITY THRIVING TOGETHER

Four Great Books in Confucius Holy Teaching Important for Our Spiritual Cultivation

Confucius Analects

Book of Great Learning

Doctrine of the Mean

Book of Mencius



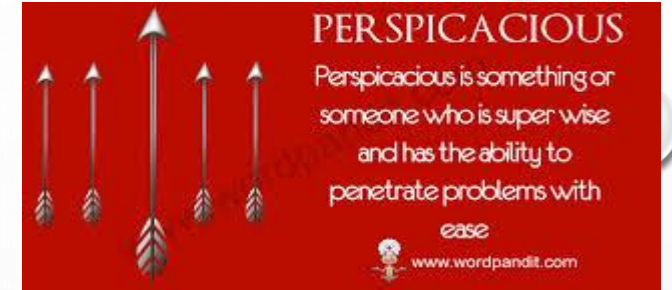
《秦誓》曰：「若有一个臣，斷斷兮無他技，其心休休焉，其如有容焉。人之有技，若己有之；人之彥聖，其心好之，不啻若自其口出。實能容之，以能保我子孫黎民，尚亦有利哉！人之有技，媚嫉以惡之；人之彥聖，而違之俾不通。實不能容，以不能保我子孫黎民，亦曰殆哉！」

In the Declaration of the Duke of Qin, it is said, "Let me have one minister, plain and sincere, not pretending to have unique abilities, but with a simple, generous, and upright heart. He sees the talents of others as though he himself possesses them; where he finds accomplished and perspicacious men, loving them in his heart more than his mouth expresses, and really showing himself able to bear them and employ them; such a minister will be able to protect my sons, grandsons, and citizens, and provide benefits to the kingdom. But if it is his character, when he finds men of ability, to be jealous and hate them; when he finds accomplished and perspicacious men, to oppose them and not allow their advancement, showing himself not able to bear them; such a minister will not be able to protect my sons, grandsons, and citizens; and shall be pronounced dangerous to the kingdom."



ACCOMPLISHED

Skilled



Envy / Jealousy
Enemy / Threats
Block / Attack / Question / Undermine



Acceptance / Understanding
Praise and Recognition
Cooperate Achieve

EXCLUDE OTHERS
SELFISH

Given Power / Opportunity,
Danger to Team / Community / Country

INCLUSIVE TO OTHERS
SHARING

Given Power / Opportunity,
Benefits to Team / Community / Country

Envy / Jealousy
Enemy / Threats
Block / Attack / Question / Undermine
Exclude Others
Selfish



Lack of
Contentment

Arrogance

Attachment with
Impermanence



Jealousy is like a Poisonous Grass



Moral of the Story

Jealousy is like a poisonous grass that will grow and spread if not careful.

Jealousy is like a poisonous snake who would swallow others and destroy oneself.

Human heart is no bigger than a few square inches, but it can be infinitely lenient, or it can be as cramped or as confined.

The difference of being lenient (permissive, merciful or tolerant) or being jealous (resentful, grudging, or bitter) **is in a matter of one thought.**

一念之間

Be content with what we have.

Thoughts for Today

《Holy Teacher》

Realizing the Tao, the Truth, the Way is supreme and precious, if we cannot act in accordance to the Tao, the Truth, the Way, we would be sinful and unjust to Tao.

In today's technology, we can invent AI to replace human, yet we cannot invent an ant or bloom a flower. What God has given us, the Tao, the Soul, the True-Self is real and irreplaceable by any technology.

Cultivate with true wisdom, True-Self to eradicate bad thoughts and bad habits and propagate dharma teachings to others.

Lack of
Contentment



Arrogance



Attachment with
Impermanence



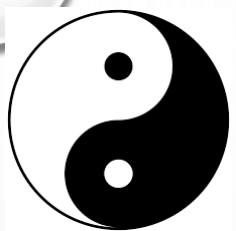
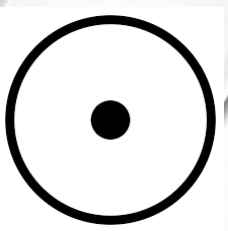
These feelings / emotions / perspectives are part of us.
Part of Our Human Heart and Human Nature.

As we **Cultivate Tao (The Way)**, we **Become Aware** of these feelings / emotions / perspectives.
Acknowledge and Accept them.

Have **Courage, Wisdom, and Kindness with Ourselves** to **Evolve and Transform Steadily**,

By

Studying and Learning of Holy Scriptures and Stories,
Practicing Zen Meditation Using Three Treasures (Mindfulness Training),
and Self Discovery, Reflection, and Growth in Tao Cultivation.



No matter where we are in our journey,
What imperfections we have been dealt with,
or the mistakes which we have committed,

It is important to remember:

- For us to be here studying Tao today, we are all very blessed with past affinity with Tao and Maitreya Buddha;
- We are all children of God, and we all have a higher purpose here to learn, grow, and develop individually and together;
- Repent for Our Mistakes to Make Us Better and Hold Our Head Up High to Continue Learning and Cultivating;
 - Blessings from God and Heavenly Mother to protect and guide us;
- Treat our imperfections as gift to learn to motivate ourselves and possibly inspire others.





- Amanda Gorman
 - Born March 7th 1998.
 - 1st person named National Youth Poet Laureate in 2017.
 - Recited the Poem, The Hill We Climb, at the
 - Biden Presidential Inauguration.
 - Unifying, Inspirational, Hopeful, Bravery, Care for One Another.
-
- Raised by a single mom.
 - Diagnosed with auditory processing disorder and speech impediment at a young age.
 - Does not view her speech impediment as a crutch; rather as a gift and strength.
 - Became really good at reading and writing.
 - Founded nonprofit org, One Pen One Page, a youth writing & leadership pgm.
 - Deepest Fear is NOT we are inadequate. Deepest Fear is that we are Powerful beyond measure.

A Hill We Climb
by
Amanda Gorman

When day comes, we ask ourselves, where can we find light in this never-ending shade?

The loss we carry. A sea we must wade.

We braved the belly of the beast.

We've learned that quiet isn't always peace, and the norms and notions of what "just" is isn't always justice.

And yet the dawn is ours before we knew it.

Somehow we do it.

Somehow we weathered and witnessed a nation that isn't broken, but simply unfinished.

We, the successors of a country and a time where a skinny Black girl descended from slaves and raised by a single mother can dream of becoming president, only to find herself reciting for one.

And, yes, we are far from polished, far from pristine, but that doesn't mean we are striving to form a union that is perfect.

We are striving to forge our union with purpose.

To compose a country committed to all cultures, colors, characters and conditions of man.

And so we lift our gaze, not to what stands between us, but what stands before us.

We close the divide because we know to put our future first, we must first put our differences aside.

We lay down our arms so we can reach out our arms to one another.

We seek harm to none and harmony for all.

Let the globe, if nothing else, say this is true.

That even as we grieved, we grew.

That even as we hurt, we hoped.

That even as we tired, we tried.

That we'll forever be tied together, victorious.

Not because we will never again know defeat, but because we will never again sow division.

Scripture tells us to envision that everyone shall sit under their own vine and fig tree, and no one shall make them afraid.

If we're to live up to our own time, then victory won't lie in the blade, but in all the bridges we've made.

That is the promise to glade, the hill we climb, if only we dare.

A Hill We Climb
by
Amanda Gorman (cont.)

It's because being American is more than a pride we inherit.

It's the past we step into and how we repair it.

We've seen a force that would shatter our nation, rather than share it.

Would destroy our country if it meant delaying democracy.

And this effort very nearly succeeded.

But while democracy can be periodically delayed, it can never be permanently defeated.

In this truth, in this faith we trust, for while we have our eyes on the future, history has its eyes on us.

This is the era of just redemption.

We feared at its inception.

We did not feel prepared to be the heirs of such a terrifying hour.

But within it we found the power to author a new chapter, to offer hope and laughter to ourselves.

So, while once we asked, how could we possibly prevail over catastrophe, now we assert, how could catastrophe possibly prevail over us?

We will not march back to what was, but move to what shall be: a country that is bruised but whole, benevolent but bold, fierce and free.

We will not be turned around or interrupted by intimidation because we know our inaction and inertia will be the inheritance of the next generation, become the future.

Our blunders become their burdens.

But one thing is certain.

If we merge mercy with might, and might with right, then love becomes our legacy and change our children's birthright.

So let us leave behind a country better than the one we were left.

Every breath from my bronze-pounded chest, we will raise this wounded world into a wondrous one.

We will rebuild, reconcile, and recover.

And every known nook of our nation and every corner called our country, our people diverse and beautiful, will emerge battered and beautiful.

When day comes, we step out of the shade of flame and unafraid.

The new dawn balloons as we free it.

For there is always light, if only we're brave enough to see it.

If only we're brave enough to be it.

Acceptance / Understanding
Praise and Recognition
Cooperate and Achieve
Inclusive to Others
Sharing

Given Power / Opportunity, **Benefits** to Team / Community / Country.



Kind and Lenient Heart

Emphasis on Group Success

Humble and Learning Mindset



Self Virtue
Development

Self Precepts

Master of
Own Mind

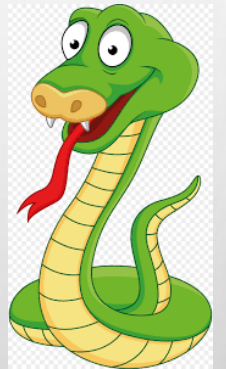
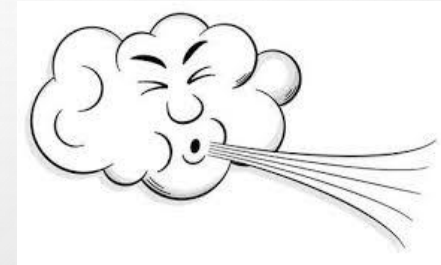
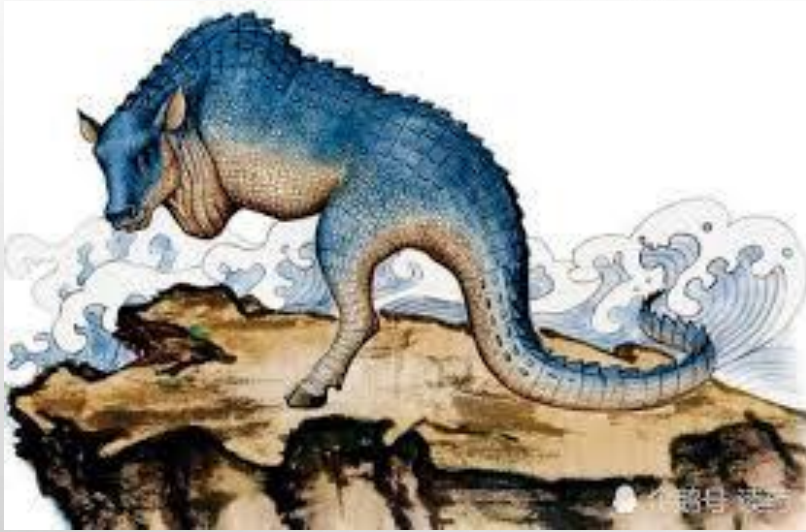
Own Capacity in
Perseverance
And Determination

Extent of Vow
Fulfillment

One Cultivation Journey to Return to Heaven with Virtue Growth & Harmony in Communal Relationships

《莊子 - 秋水篇》

Zhuang-zi - Article of Qiu Shui



Moral of the Story

Why is Wind envious of Saint or Sage?

Envious heart is not content. Lenient heart can achieve great things.

Wind can brush apart the bamboos. As wind passes by the bamboos, it leaves without a trace of sound.

Facing all the temptations, desires, or defeats like the passing by wind. Let the wind blow by without a trace in our heart.

Thoughts for Today

《Holy Teacher》

Throughout our life, if being a clown can bring people happiness, then why not? To be a clown, one must first remove the selfish heart and remove the care of external appearance.

Be humble, then we reduce the distance with others.

Enjoy the gratification of sharing your experience with others.

Be mindful of guarding our thoughts and calming our minds when facing the world's distractions and temptations. With our True-Self, stay pure, let go, and eradicate all else.


ACCOMPLISHED

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Skilled

PERSPICACIOUS
 Perspicacious is something or someone who is super wise and has the ability to penetrate problems with ease
 www.wordpandit.com




Envy / Jealousy
 Enemy / Threats
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“Live as if you were to die tomorrow.
Learn as if you were to live forever.”
- Mahatma Gandhi



*THE JOURNEY OF TAO CULTIVATION IS OPEN TO ALL.
MAY YOUR JOURNEY BE FILLED WITH PEACE,
WISDOM, COMPASSION, AND HAPPINESS.*