

Weekly Tao Spiritual Discussion Holy Teaching

De-Guang Temple, Irvine CA
Pu-Guang Temple, Plano TX
March 6th 2021

onegreatdao.org

Four Great Books in Confucius Holy Teaching Important for Our Spiritual Cultivation

Confucius Analects

Book of Great Learning

Doctrine of the Mean

Book of Mencius



Holy Scripture Readings for This Week

大学原文	Translation of Original Text in the Book of the Great Learning
所謂平天下在治其國者：	What is meant by "The making the whole kingdom peaceful and happy depends on how the states are governed," is this:
上老老而民興孝， 上長長而民興弟， 上恤孤而民不倍， 是以君子有絜矩之道也。	When leaders treat own parents with parental devotion, people learn and do the same; when leaders respect their seniors, people learn & practice sibling love & respect; when leaders treat the young & helpless with compassion, people learn & do the same. Thus, noble leaders must live with principles based on strong moral compass and framework (like a measuring square) to regulate, refine, and perfect one's own conduct.
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此之謂絜矩之道。	This is what is called "The principles based on a strong moral compass and framework (like a measuring square) to regulate, refine, and perfect one's own conduct."

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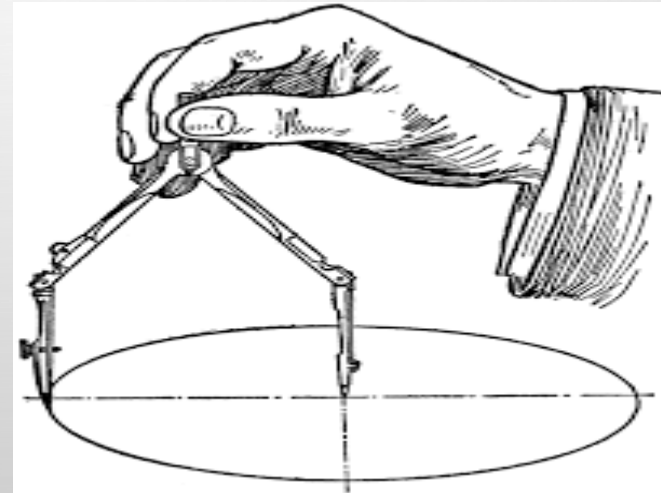
“Making the whole kingdom peaceful and happy depends on how the leaders govern their states,”

Entails:

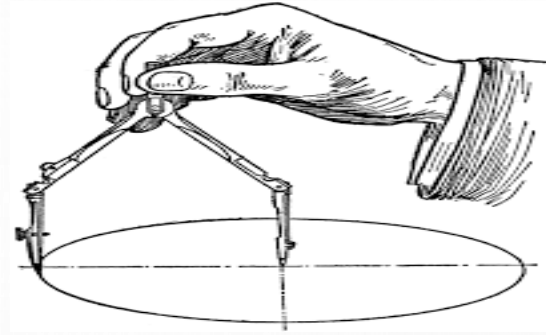
1. When leaders treat own parents with parental devotion, people learn and do the same;
2. when leaders respect their seniors, people learn & practice sibling love & respect;
3. when leaders treat the young & helpless with compassion, people learn & do the same.

Leaders' words and actions have powerful influence.

絜矩之道: Principles based on a strong moral compass and guiding framework (like a measuring square) to regulate, refine, and perfect one's own conduct.



絜矩之道: Principles based on a strong moral compass and guiding framework (like a measuring square) to regulate, refine, and perfect one's own conduct.



**Find Your Center. Find Your Resting Place.
Receive Tao and the Three Sacred Treasures.
Practice Zen Meditation Anytime and Anywhere.
*Sitting, Walking, Bowing, Cooking, Sleeping, etc.***

Live Life with Tao Every Moment

Believe | Mindfulness | Self Discipline | Persistence | Gratitude

For the change to be sustainable, the changes must be driven by oneself from the inside.

Have fun and balance for sustained growth and development.

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忍耐 **Tolerant, Exercise Restraint, Endured**
原谅 **Forgiveness**
同体心和同情心 **Empathy and Sympathy**

"In the practice of tolerance, one's enemy is the best teacher."

Dalai Lama

*The stupid neither forgive nor forget;
the naive forgive and forget;
the wise forgive and reflect from it.*

Do unto others as you would have them do unto you.

Hardships often prepare ordinary people for an extraordinary destiny.

C.S. Lewis

*The weak can never forgive.
Forgiveness is the attribute of the strong.*

Mahatma Gandhi

"Be kind, for everyone you meet is fighting a hard battle."

Plato



She came to the U.S. with only \$300 and worked housekeeping jobs to pay for school. Now she's a flight director for NASA's Mars Perseverance



Best Formula for Harmonious Home



Moral of the Story

Do you think 忍 endurance/tolerance is a coward act?

With hundreds of family members living together harmoniously, they truly took to heart and practiced 'endurance'.

Practicing "endurance" is plain and simple truth that everyone knows as a way to keep harmony. Though a simple truth, how to exercise it in daily life and practice it in interpersonal relationship is a profound endeavor.

Thoughts for Today

《Holy Teacher》

The Tao of humanity - harmony is the most precious.

Harmony with subordinates results in deference,

Harmony with equals result in respect,

Harmony with seniors result in trust.

Harmony between monarch and counselors, results in loyalty and trust.

Harmony between parent and child, results in benevolence and filial piety.

Harmony between husband and wife, results in mutual respect.

Harmony between siblings, results in peace and mutual support.

Harmony between friends, results in long lasting friendship.

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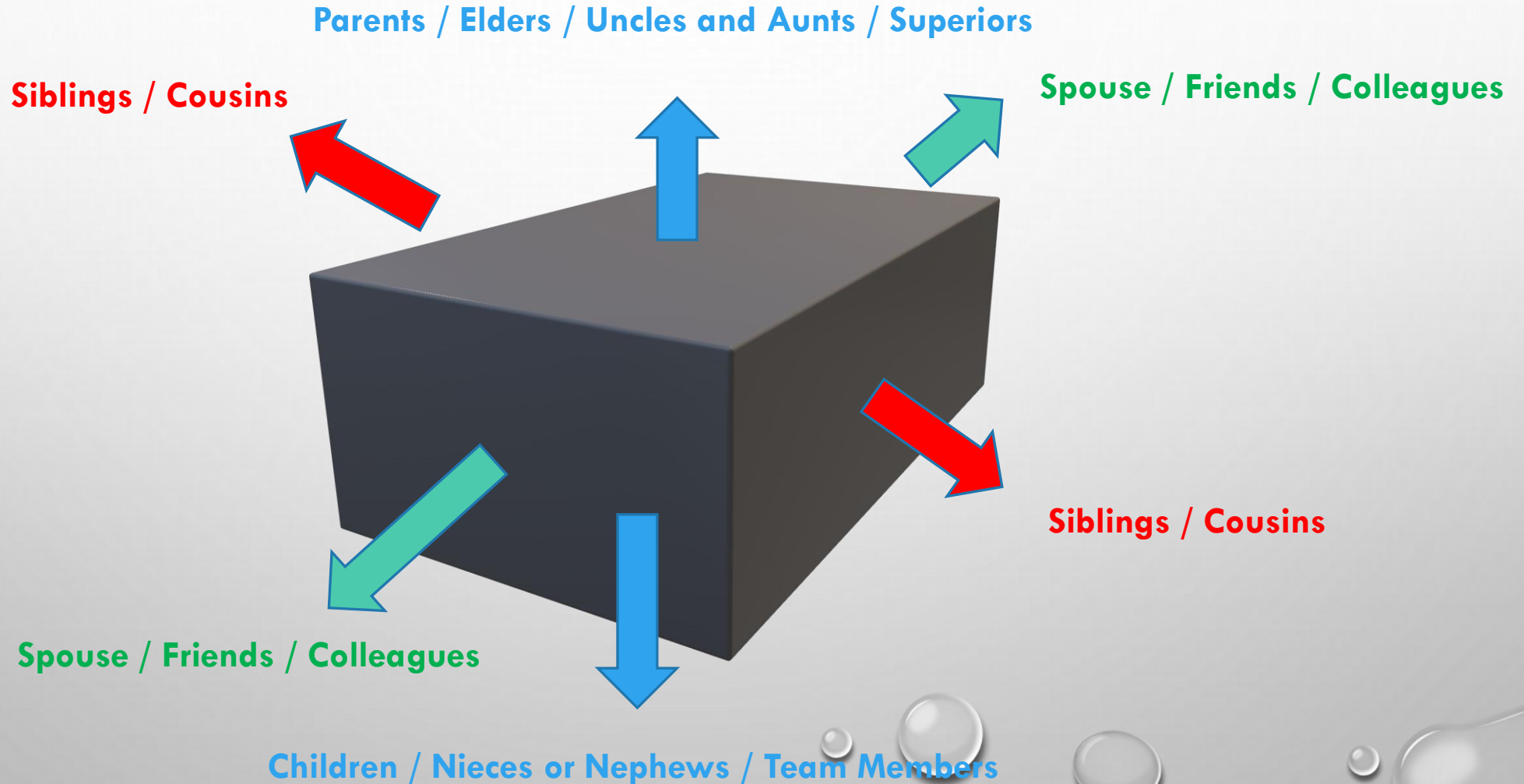
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Happiness in Life: Harmonization in Our Inter-Personal Relationships

3-Dimensional: Above and Below | Front and Behind | Left and Right

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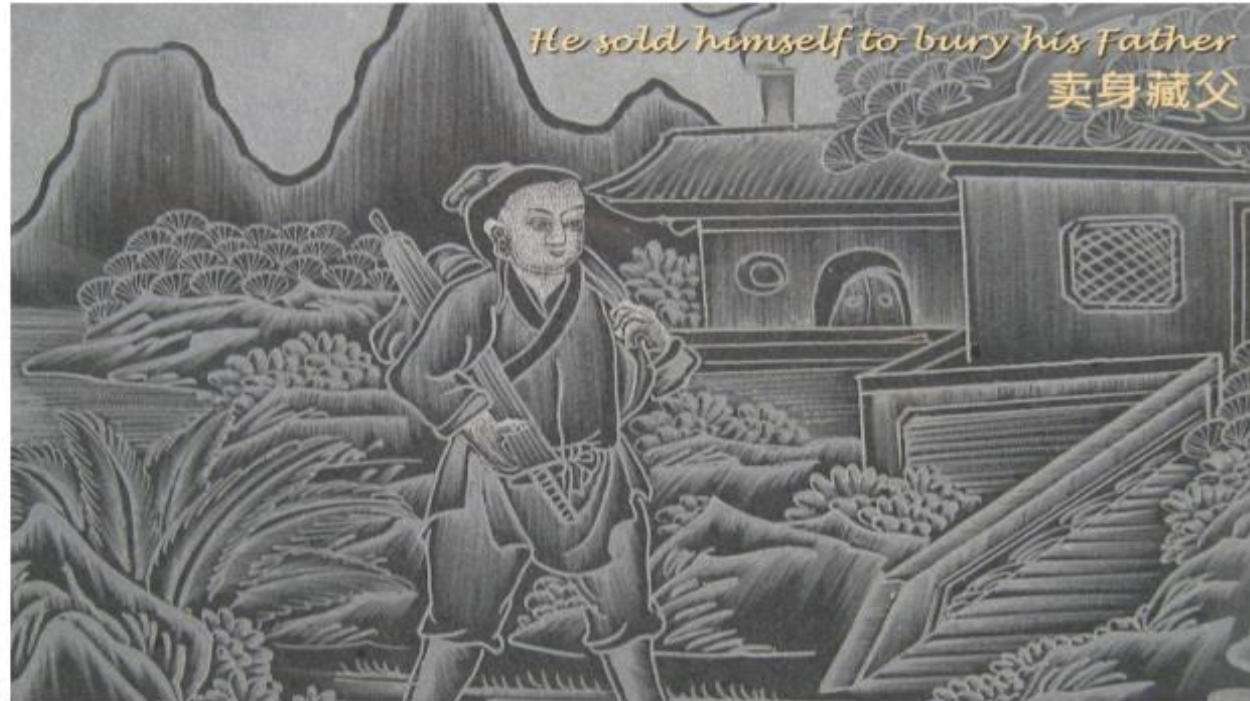


Story 1 about Filial Piety (Parental Devotion)

6. 卖身藏父 HE SOLD HIMSELF TO BURY HIS FATHER

In the Hàn dynasty the family of Dǒng Yǒng was very poor. When his father died, he promised himself as security to borrow money to bury him. Then he went to work [for the lender to pay back the debt]. On the way he met a woman, who asked to become Yǒng's wife, and she went with him to his master's house. The master ordered them to weave 300 bolts of silk, and then they could return [home]. His wife wove for a month and then was finished. They returned as far as the locust tree where they had met, when she bade Yǒng good-bye and vanished. There is a poem praising him, saying:

To bury his father he has to borrow money;
A fairy concubine appears upon the road and
Weaves the silk to repay his debt;
Filial feeling moves the heavens.



故君子不出家而成教於國: Therefore, a virtuous and noble person could govern a state well without going beyond his/her family:

孝者所以事君也; Acting with filial devotion to own parents leads to virtue and devotion to serve the state;
弟者所以事長也: Acting with fraternal love to own siblings leads to precedence and respect to serve elders and superiors

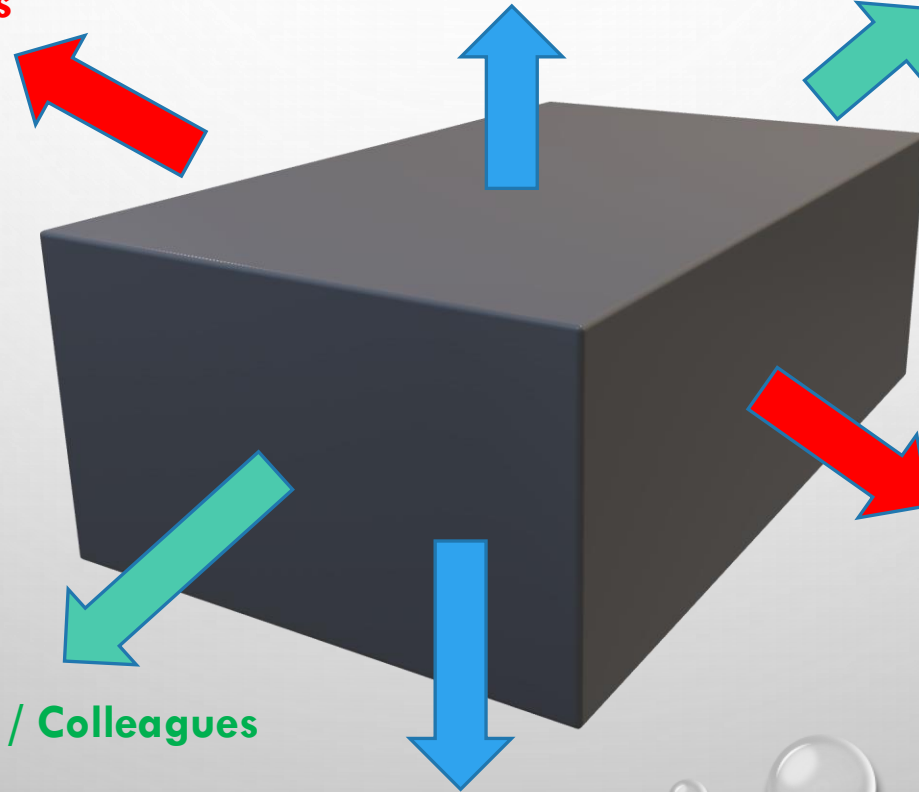
慈者所以使眾也。 Acting with kindness towards own family members leads to servant leadership for all.

Parents / Elders / Uncles and Aunts / Superiors

Siblings / Cousins

Spouse / Friends / Colleagues

Filial Piety / parental devotion: Root of all virtuous deeds.



Siblings / Cousins

Spouse / Friends / Colleagues

Children / Nieces or Nephews / Team Members

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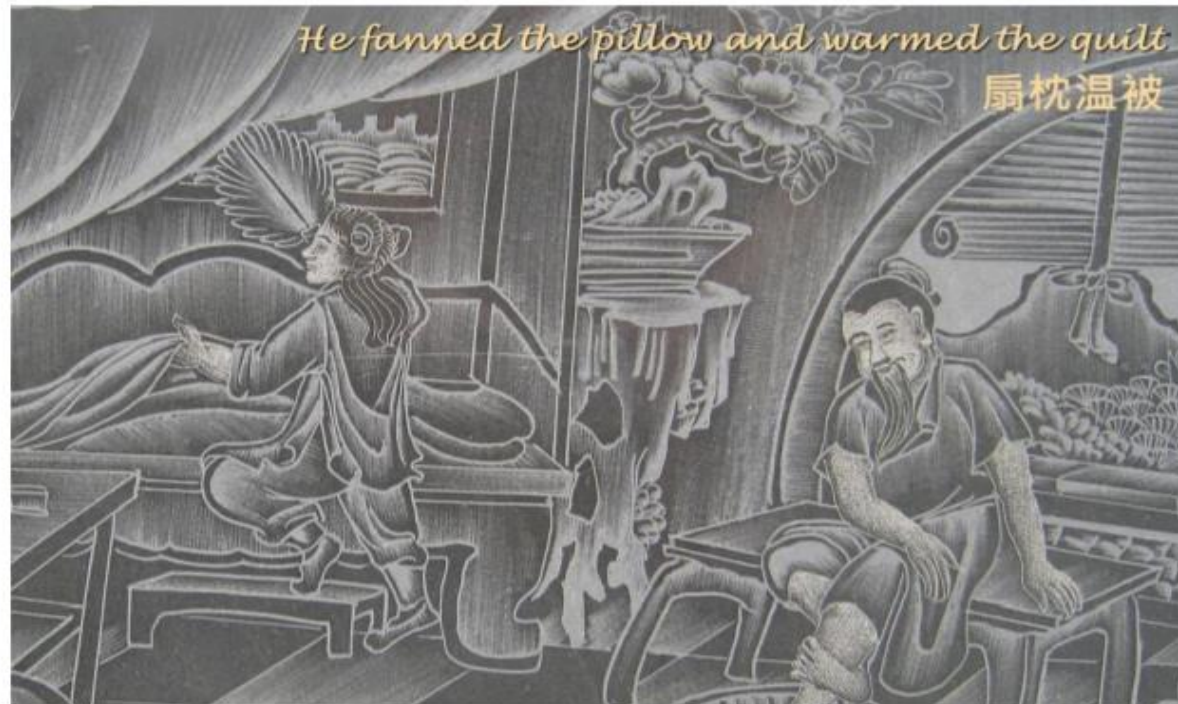
Belief in Tao, Spiritual Foundation and Root for All Humanity

Story 2 about Filial Piety (Parental Devotion)

19. 扇枕温被 HE FANNED THE PILLOW AND WARMED THE QUILT

When Huáng Xiāng of the Hàn dynasty was nine years old, he lost his mother. He [continued to] think of her so much and with such love that the neighbors praised his filial devotion. Xiāng did diligent and painful work, and his one thought was to serve his father. In summer, when the weather was hot, he cooled his [father's] pillow and mat with a fan. In winter, when the weather turned cold, he warmed his [father's] quilts and cushions with his body. The prefect Liú Hù publicly honored and recognized him [for his rare filiality]. A verse praises him thus:

In winter he warms the quilts, and
In hot weather he fans the pillow to make it cool;
The child knows a son's duty;
In a thousand ages there can be but one Huáng Xiāng.



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*THE JOURNEY OF TAO CULTIVATION IS OPEN TO ALL.
MAY YOUR JOURNEY BE FILLED WITH PEACE,
WISDOM, COMPASSION, AND HAPPINESS.*