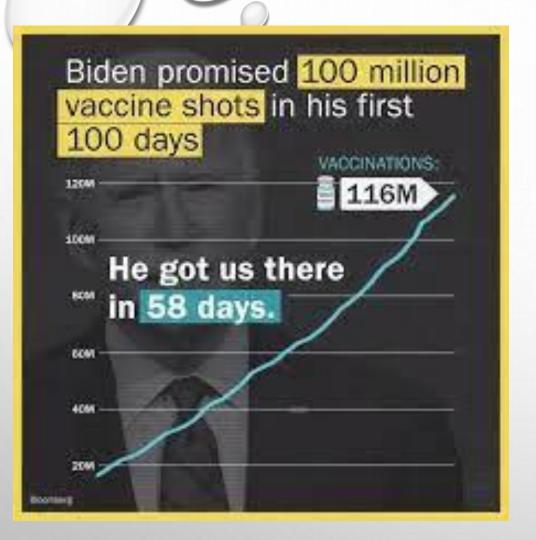




# Weekly Tao Spiritual Discussion Holy Teaching

De-Guang Temple, Irvine CA Pu-Guang Temple, Plano TX March 20<sup>th</sup> 2021

onegreatdao.org













Let's be responsible for self and care for others (wear mask, social distance, etc.)

Humanity needs to learn from this, truly change and have sympathy for each other, and care for the plant and our environment.

## Achievements in Gender and Racial Diversity in Biden Administration







## Rise in Violence towards Asian American Pacific Islanders (AAPI)







## Eour Great Books in Confucius Holy Teaching Important for Our Spiritual Cultivation

**Confucius Analects** 

**Book of Great Learning** 

**Doctrine of the Mean** 

**Book of Mencius** 



## Holy Scripture Readings for This Week

## 大学原文

## 《詩》云:「樂只君子 ,民之父母。」民之所 好好之,民之所惡惡之 ,此之謂民之父母。

《詩》云:「節彼南山, 維石巖巖。赫赫師尹, 民具爾瞻。」

有國者不可以不慎,辟 則為天下戮矣。

## Translation of Original Text in the Book of the Great Learning

In the Book of Poetry, it is said, "How rejoiced are the people with such a noble and benevolent leader, caring for the citizens as the parent of the people!" When a leader loves what the people love, and dislikes what the people dislike, then he is considered as the parent of the people.

In the Book of Poetry, it is said, "How majestic is that Southern Mountain, with its rugged masses of rocks! Greatly distinguished are you, Grand Advisor Yin, the people all look up to you."

Rulers of states may not neglect to be careful. If they deviate and become mean and selfish, they will be a disgrace in the kingdom.



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父母官: Local Officials just like a parent to citizens

Why?

When a leader loves what the people love, and dislikes what the people dislike, then he is considered as the parent of the people.

Question: What do people like and dislike?

## Maslow's Hierarchy of Needs

#### **Self-actualization**

desire to become the most that one can be

#### **Esteem**

respect, self-esteem, status, recognition, strength, freedom

#### Love and belonging

friendship, intimacy, family, sense of connection

#### Safety needs

personal security, employment, resources, health, property

## Physiological needs

air, water, food, shelter, sleep, clothing, reproduction

Virtue cultivation focused on their True Self, so everyone could act like a sage / noble.

Local Officials are just like a parent to citizens because they enact the right policies and create an environment that satisfies the likes and preferences of the citizens.

Best Places to Live in Texas: 1. Fort Worth | 2. Plano | 4. Frisco | 11. McKinney

Local Officials are just like a parent to citizens.

They are benevolent and noble,
Caring for their citizens' needs, including:
basic needs, psychological needs, and spiritual needs.

Body | Mind | Spirit

Centered on Our True Self (Tao, The Way, The One)

## A Great Utopia (The World of Da-Tong) Confucius' Ideal of a Commonwealth State — a Great Utopia

大道之行也,天下為公,選賢與能,講信修睦。故人不獨親其親,不獨子其子,使老有所終,壯有所用,幼有所長,鰥、寡、孤、獨、廢疾者皆有所養,男有分,女有歸。貨惡其棄于地也,不必藏于己;力惡其不出于身也,不必為己。是故謀閉而不興,盜竊亂賊而不作,故外戶而不閉,是謂大同。

When the Great Dao prevails, the world is like a Commonwealth State shared by all, not a dictatorship. Virtuous, worthy, wise and capable people are chosen as leaders. Honesty and trust are promoted, and good neighborliness cultivated. All people respect and love their own parents and children, as well as the parents and children of others. The aged are cared for until death; adults are employed in jobs that make full use of their abilities; and children are nourished, educated, and fostered. Widows and widowers, orphans and the old without children, the disabled and the diseased are all well taken care of. Every man and woman has an appropriate role to play in society and in the family. They hate to see resources lying idle or cast away, yet they do not necessarily keep them for themselves. They hate not to make use of their abilities, yet they do not necessarily work for their own self-interest. Thus intrigues and conspiracies do not arise, and thievery and robbery do not occur; therefore doors need never be locked. This is the ideal world – a perfect world of equality, fraternity, harmony, welfare, and justice. This is the world called "Da-Tong" (Great Utopia).











Self-actualization
desire to become the most that one can be

Esteem
respect, self-esteem, status, recognition, strength, freedom

Love and belonging
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Safety needs
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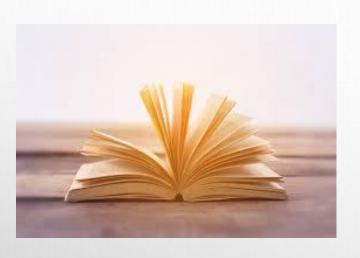
Physiological needs
air, water, food, shelter, sleep, clothing, reproduction

As parents, we love and care for our children.

Taking care of their basic needs, mental development, provide a loving family, and character and virtue development.

Body | Mind | Spirit
Centered on Tao, The Way, The One.

## The Thief's Mom











## Moral of the Story

Unconditional love does not mean love without a moral compass.

In today's society, both parents can be very busy with career and often supplement children with material comfort rather than spending time teaching them moral values.

Overindulgence is not true love. Many bad juveniles are not only a failure in our educational system but also a failure in parenting.

## Thoughts for Today

《Holy Teacher》

Big fault comes from accumulation of many smaller faults.

Do not treat small faults lightly. Lightness is the the beginning that leads to heaviness. Smallness is the source that builds up the mightiness. Do not behave in the way to avoid making big fault but commit countless small faults.

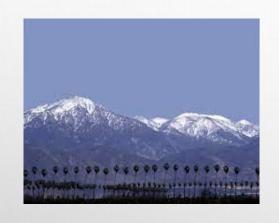
#### Therefore,

We do not need to take credit in life. Living life while making no faults is credit. When interacting with others, we do not need to ask for appreciation to grow our virtues. Having no complaints from others is building virtue.

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Grand Advisor to the Emperor:

Reporting to Emperor with Great Authority and Power above 10K People | 一人之下万人之上 People look up to you as they admire a majestic mountain.

Instead of aiming for higher positions with more authority or visibility,

Tao cultivators focus on own virtue and character development,

to ensure that we are worthy of such positions when the opportunities arise for the ones who are the most prepared.

#### **Timeless Words of Wisdom**

我们所有的财富、智慧,我们的一切,老祖宗用一个字来代表叫物。 All of our wealth, intelligence, and possessions, our ancestors call them "objects".

唯有厚德,才能承载万物。Only with an abundant, deep, and solid virtues, we will be able to carry the burden from ten-thousand objects.

德不配位,必有灾殃 | If virtue is not matched with the level of objects, there will be disasters.

Be careful with what you wish for. Do not just wish for more and more of the objects. Tao cultivators focus on our own level of readiness, with equal focus on virtue and character development, as well as skills development, to comfortably take on the "objects" at the right time.

As parents, educate and instill in our children solid virtue, good work ethics, honesty, gratitude, compassion, frugality, and care of own blessings (food, clothing, family, etc.).

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Rulers of states may not neglect to be careful. If they deviate and become mean and selfish, they will be a disgrace in the kingdom.

## 反省: Instrospection

Use Three Sacred Treasures to be more mindful of self to continue growth and development.

Practice Three Sacred Treasures regularly.

#### 感恩: Gratitude

Grateful that we have this opportunity to cultivate Tao, have heavenly blessings, have our health, family, friends, and Tao community, and have this karmic opportunity to help spread Tao to others.

Express our Gratitude before every meal.

## 忏悔: Repent

Be honest and sincere to self in acknowledging past mistakes.

Sincerely commit to self to not repeat in the future.

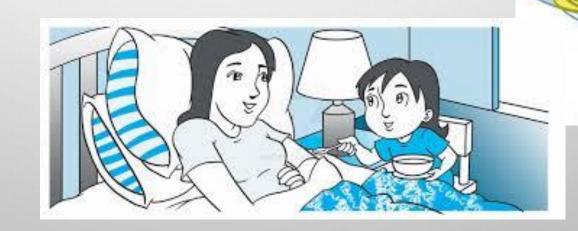
Daily bowing to connect our True Self with God / Heavenly Mother.

## Favorite Dish









## Moral of the Story

How mother's unconditional love transformed into infinite strength in nurturing and upbring the kids despite of any hardship.

To ponder, God created moms perhaps to ensure that we all receive the unconditional love the way God would love us.

## Thoughts for Today

《Holy Teacher》

A fruit can only ripe because of sun, water, earth, nutrient and also the grower's love, patience, and faithful caring.

All of us are growers. Therefore, we must
Continuously learn,
Continuously improve,
Continuously give.

Then it is possible to successfully harvest one day. "Every tear shed at sowing the seeds leads to a rewarding harvest."

Do not ask how much God has given us, but ask ourselves how much we have offered!

#### Summary of Holy Scripture Readings for This Week

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## Summary One:

As parents, educate & instill in children with excellence on virtue development and academics.

Summary Two:
Instead of going for more
"objects", focus on building
deep, profound, & solid
virtues to take on
opportunities comfortably.

Summary Three:
Introspection,
Gratitude, and
Repentance: 3 Key Focus
Areas in Tao Cultivation.

